

# Grove Park Children's Centre

## Timetable Of Activities & Groups

Day	Activity Description	Time & Place	Cost
<b>Monday</b>	<b>Big Tums &amp; Little Ones</b> A play session for parents with children under 18 months. Expectant mothers welcome.	9.30am-11.30am Play Room	Free
	<b>Twins Group</b> A fun play session just for twins & multiple birth families.	1.00pm-3.00pm Play Room	Free
<b>Tuesday</b>	<b>Adult Education Course 'Playing With Language'</b> A six week course commencing in April. Crèche facilities provided (Booking Essential)	9.30am-11.30am Training Room & Play Room	Free
	<b>Sticky Fingers</b> A messy play session for children 1-5years. (Booking Essential)	1.00pm-3.00pm Play Room	Free
<b>Wednesday</b>	<b>Child Health Clinic</b> 1st & 3rd Wednesday of each month.	9.30am-11.00am Play Room	Free
	<b>Post Natal Clinic</b> (Appointment Only)	9.30am-12.30pm Health Room	Free
	<b>Pickles Childminding Group</b> (Childminders Only) 2nd & 4th Wednesday of each month—term time only.	9.30am-11.30am Play Room	Free
<b>Thursday</b>	<b>Marvellous Monsters</b> A play session for children aged 18 months to 5 years.	9.30am-11.30am Play Room	Free
	<b>2½ Year Developmental Checks</b> (Appointment Only)	9.30am-11.30am Health Room	Free
<b>Friday</b>	<b>Musical Caterpillars</b> A play session, including music, movement, puppets & instruments. For children from birth to five years. (Booking Essential)	9.30am-11.30am Play Room	£1.00 Per Family
	<b>Baby Massage</b> A 4 week course commencing on the 17th April 2009 (Booking Essential)	1.00pm-2.30pm Play Room	

All groups are 'drop in' unless otherwise stated.